

## Holy Communion

9.30am – Sunday 31<sup>st</sup> May 2026

### Trinity Sunday

**Holy, holy, holy! Lord God Almighty!** 202

early in the morning  
our song shall rise to thee;  
holy, holy, holy!  
merciful and mighty!  
God in three Persons, blessed Trinity!



Holy, holy, holy! all the saints adore thee,  
casting down their golden crowns  
around the glassy sea;  
cherubim and seraphim  
falling down before thee,  
which wert and art and evermore shalt be.

Holy, holy, holy!  
though the darkness hide thee,  
though the eye of sinful man  
thy glory may not see,  
only thou art holy,  
there is none beside thee  
perfect in power, in love, and purity.

Holy, holy, holy! Lord God almighty!  
all thy works shall praise thy name  
in earth and sky and sea;  
holy, holy, holy!  
merciful and mighty!  
God in three Persons, blessed Trinity.

Reginald Heber

## Gathering and Greeting

In the name of the Father, and of  
the Son and of the Holy Spirit.

All: **Amen.**

Grace, mercy and peace  
from God our Father  
and the Lord Jesus Christ  
be with you.

All: **And also with you**

**Welcome** – Revd Philip Sudell

## Prayers of Penitence

We have too often exchanged the worship  
of the living God for idols of our own  
imagining. As we gather to offer our praises  
to the holy and undivided Trinity, and to  
worship him in spirit and in truth, let us call  
to mind our sins.

### Confession

Father, you come to meet us when we  
return to you:  
Lord, have mercy.  
**Lord, have mercy.**

Jesus, you died on the cross for our sins:  
Christ, have mercy.  
**Christ, have mercy.**

Spirit, you give us life and peace:  
Lord, have mercy.  
**Lord, have mercy.**

### Assurance of forgiveness

Almighty God, who forgives all who truly  
repent, have mercy upon you, pardon and  
deliver you from all your sins, confirm and  
strengthen you in all goodness, and keep  
you in life eternal, through Jesus Christ our  
Lord. Amen.

We sing the

### Gloria

**Glory to God, Glory to God**  
**Glory to God in the highest,**  
**Glory to God in the highest,**  
**and peace to his people on earth.**  
**Lord God, heavenly King,**  
**almighty God and Father,**  
**we worship you, we give you thanks,**  
**we praise you for your glory.**

**Glory to God, Glory to God**  
**Glory to God in the highest,**  
**Lord Jesus Christ, only Son of the Father,**  
**Lord God, Lamb of God,**  
**you take away the sin of the world:**  
**have mercy on us;**

you are seated at the right hand of the Father: receive our prayer.

Glory to God, Glory to God  
Glory to God in the highest,  
For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father.  
Glory to God, Glory to God  
Glory to God in the highest.

## The Collect

Almighty and everlasting God, you have given us your servants grace, by the confession of a true faith, to acknowledge the glory of the eternal Trinity and in the power of the divine majesty to worship the Unity: keep us steadfast in this faith, that we may evermore be defended from all adversities; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

All: Amen.

## Old Testament Reading

Isaiah 40:12-17; 27-31

<sup>12</sup> Who has measured the waters in the hollow of his hand, or with the breadth of his hand marked off the heavens?

Who has held the dust of the earth in a basket, or weighed the mountains on the scales and the hills in a balance?

<sup>13</sup> Who can fathom the Spirit of the Lord, or instruct the Lord as his counsellor?

<sup>14</sup> Whom did the Lord consult to enlighten him, and who taught him the right way?

Who was it that taught him knowledge, or showed him the path of understanding?

<sup>15</sup> Surely the nations are like a drop in a bucket; they are regarded as dust on the scales; he weighs the islands as though they were fine dust.

<sup>16</sup> Lebanon is not sufficient for altar fires, nor its animals enough for burnt offerings.

<sup>17</sup> Before him all the nations are as nothing;

they are regarded by him as worthless and less than nothing.

<sup>27</sup> Why do you complain, Jacob? Why do you say, Israel, 'My way is hidden from the Lord; my cause is disregarded by my God'?

<sup>28</sup> Do you not know? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth.

He will not grow tired or weary, and his understanding no one can fathom.

<sup>29</sup> He gives strength to the weary and increases the power of the weak.

<sup>30</sup> Even youths grow tired and weary, and young men stumble and fall;

<sup>31</sup> but those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.

Reader: This is the word of the Lord.

All: **Thanks be to God.**

## Psalm

Psalm 8

**Above the heavens your majesty is praised.**

<sup>1</sup> O Lord our governor, • how glorious is your name in all the world! <sup>2</sup> Your majesty above the heavens is praised • out of the mouths of babes at the breast. <sup>3</sup> You have founded a stronghold against your foes, • that you might still the enemy and the avenger.

**Above the heavens your majesty is praised.**

<sup>4</sup> When I consider your heavens, the work of your fingers, • the moon and the stars that you have ordained, <sup>5</sup> What is man, that you should be mindful of him; • the son of man, that you should seek him out?

**Above the heavens your majesty is praised.**

<sup>6</sup> You have made him little lower than the angels • and crown him with glory and honour. <sup>7</sup> You have given him dominion over the works of your hands • and put all things under his feet,

**Above the heavens your majesty is praised.**

<sup>8</sup> All sheep and oxen, • even the wild beasts of the field, <sup>9</sup> The birds of the air, the fish of the sea • and whatsoever moves in the paths of the sea.

<sup>10</sup> O Lord our governor, • how glorious is your name in all the world!

**Above the heavens your majesty is praised.**

## **New Testament Reading**

**2 Corinthians 13:11-13**

<sup>11</sup> Finally, brothers and sisters, rejoice! Strive for full restoration, encourage one another, be of one mind, live in peace. And the God of love and peace will be with you.

<sup>12</sup> Greet one another with a holy kiss. <sup>13</sup> All God's people here send their greetings.

Reader: This is the word of the Lord.

All: **Thanks be to God.**

## **Gospel**

The Lord be with you.

All: **And also with you.**

Hear the Gospel of our Lord Jesus Christ according to Matthew.

All: **Glory to you, O Lord.**

**Matthew 9:14-17**

<sup>14</sup> Then John's disciples came and asked him, 'How is it that we and the Pharisees fast often, but your disciples do not fast?'

<sup>15</sup> Jesus answered, 'How can the guests of the bridegroom mourn while he is with them? The time will come when the bridegroom will be taken from them; then they will fast.

<sup>16</sup> 'No one sews a patch of unshrunk cloth on an old garment, for the patch will pull away from the garment, making the tear worse. <sup>17</sup> Neither do people pour new wine into old wineskins. If they do, the skins will burst; the wine will run out, and the wineskins will be ruined. No, they pour new wine into new wineskins, and both are preserved.'

This is the Gospel of the Lord.

All: **Praise to you, O Christ.**

## **Sermon** – Revd Philip Sudell

*Encounters with Jesus*

*2. Fasting or feasting?*

## **Profession of Faith**

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made.

For us and for our salvation he came down from heaven, was incarnate from the Holy Spirit and the Virgin Mary and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified, who has spoken through the prophets.

We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

## **Prayers of Intercession**

This response may be used:

Lord, in your mercy.

**Hear our prayer.**

And at the end: Merciful Father,

**Accept these prayers**

**for the sake of your Son,**

**our Saviour Jesus Christ. Amen.**

# The Liturgy of the Sacrament

## The Peace

Peace to you from God our heavenly Father. Peace from his Son Jesus Christ who is our peace. Peace from the Holy Spirit, the life-giver. The peace of the triune God be always with you.

All: **And also with you.**

The bread and wine are brought to the Lord's table

**Father, Lord of all creation,** <sup>418</sup>

ground of being, life and love;  
Height and depth beyond description,  
only life in you can prove:  
You are mortal life's dependence:  
thought, speech, sight are ours by grace;  
Yours is every hour's existence,  
sovereign Lord of time and space.

Jesus Christ, the man for others  
we, your people, make our prayer  
help us love, as sisters, brothers  
all whose burdens we can share  
where your name binds us together  
you, Lord Christ, will surely be  
where no selfishness can sever  
there you love the world may see.

Holy Spirit, rushing, bringing  
wind and flame of Pentecost  
fire our hearts afresh with yearning  
to regain what we have lost  
may your love unite our action  
nevermore to speak alone  
God, in us, abolish faction  
God, through us, your love make known.

Stewart Cross

## The Eucharistic Prayer

The Lord be with you.

All: **And also with you.**

Lift up your hearts.

All: **We lift them to the Lord.**

Let us give thanks  
to the Lord our God

All: **It is right to give  
thanks and praise.**

It is indeed right, our duty and our joy,  
always and everywhere to give you thanks,  
holy Father, almighty and eternal God. For  
with your only-begotten Son and the Holy  
Spirit you are one God, one Lord. All that  
you reveal of your glory, the same we  
believe of the Son and of the Holy Spirit,  
without any difference or inequality. We,  
your holy Church, acclaim you, Father of  
majesty unbounded, your true and only  
Son, worthy of all worship, and the Holy  
Spirit, advocate and guide. Three Persons  
we adore, one in being and equal in  
majesty. And so with angels and  
archangels, with cherubim and seraphim,  
we sing for ever of your glory.

**Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of  
the Lord. Hosanna in the highest.**

Accept our praises, heavenly Father,  
through your Son our Saviour Jesus Christ,  
and as we follow his example and obey his  
command, grant that by the power of your  
Holy Spirit these gifts of bread and wine  
may be to us his body and his blood; who,  
in the same night that he was betrayed,  
took bread and gave you thanks; he broke  
it and gave it to his disciples, saying: Take,  
eat; this is my body which is given for you;  
do this in remembrance of me.

In the same way, after supper he took the  
cup and gave you thanks; he gave it to  
them, saying: Drink this, all of you; this is  
my blood of the new covenant, which is  
shed for you and for many for the  
forgiveness of sins. Do this, as often as you  
drink it, in remembrance of me.

Therefore, heavenly Father, we remember his offering of himself made once for all upon the cross; we proclaim his mighty resurrection and glorious ascension; we look for the coming of your kingdom, and with this bread and this cup we make the memorial of Christ your Son our Lord.

Praise to you, Lord Jesus.

**All: Dying you destroyed our death,  
rising you restored our life:  
Lord Jesus, come in glory.**

Accept through him, our great high priest, this our sacrifice of thanks and praise, and as we eat and drink these holy gifts in the presence of your divine majesty, renew us by your Spirit, inspire us with your love and unite us in the body of your Son, Jesus Christ our Lord.

Through him, and with him, and in him, in the unity of the Holy Spirit, with all who stand before you in earth and heaven, we worship you, Father almighty, in songs of everlasting praise:

**All: Blessing and honour and glory and  
power be yours for ever and ever.  
Amen.**

## **The Lord's Prayer**

Let us pray with confidence as our Saviour has taught us.

**Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever. Amen.**

## **The Breaking of Bread**

We break this bread to share in the body of Christ.

**All: Though we are many, we are one  
body, because we all share in one  
bread.**

## **Agnus Dei**

**Lamb of God, you take away the sin of the world, have mercy on us.**

**Lamb of God, you take away the sin of the world, have mercy on us.**

**Lamb of God, you take away the sin of the world, grant us peace.**

## **The Giving of Communion**

Draw near with faith. Receive the body of our Lord Jesus Christ which he gave for you, and his blood which he shed for you. Eat and drink in remembrance that he died for you, and feed on him in your hearts by faith with thanksgiving.

## **Prayer after Communion**

**Almighty and eternal God, you have revealed yourself as Father, Son and Holy Spirit, and live and reign in the perfect unity of love: hold us firm in this faith, that we may know you in all your ways and evermore rejoice in your eternal glory, who are three Persons yet one God, now and for ever. Amen.**

## **Church family news**

**Thou whose almighty word**  
chaos and darkness heard,  
and took their flight;  
hear us, we humbly pray,  
and where the Gospel-day  
sheds not its glorious ray,  
let there be light.

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Thou, who didst come to bring  
on thy redeeming wing  
healing and sight,  
health to the sick in mind,  
sight to the inly blind,  
O now to all mankind  
let there be light.

Spirit of truth and love,  
life-giving, holy Dove,  
speed forth thy flight;  
move o'er the water's face,  
bearing the lamp of grace,  
and in earth's darkest place  
let there be light.

Blessed and holy Three,  
glorious Trinity,  
Wisdom, Love, Might;  
boundless as ocean's tide  
rolling in fullest pride,  
through the world far and wide  
let there be light.

*John Marriott (1780-1825) Thomas Raffles (1788-1863)*

## **Blessing**

God the Holy Trinity make you strong in  
faith and love, defend you on every side,  
and guide you in truth and peace; and the  
blessing of God almighty, the Father, the  
Son, and the Holy Spirit, be among you and  
remain with you always.

All: **Amen**

## **Dismissal**

Go in peace to love  
and serve the Lord.

All: **In the name of Christ. Amen**

CCLI: 777478

Common Worship: Services and Prayers for the Church of England  
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## **Readings for next Sunday**

6<sup>th</sup> June – First Sunday after Trinity

Hosea 5.15–6.6

Psalms 50.7–15

Romans 4.13–25

Matthew 9:18-26

# The week ahead

Sun 31 <sup>st</sup>	9.30am 11am	Holy Communion Morning Service
Mon 1 <sup>st</sup> Jun		
Tues 2 <sup>nd</sup>	9:45-11am  7.15 for food for 8-9pm	Chat & Play for pre-schoolers and their parents/minders @ St Peter's Hall  First Tuesday Prayer @ 163 CHL
Wed 3 <sup>rd</sup>		
Thurs 4 <sup>th</sup>	10-11.30am  12 noon 12-3pm  3.45-5pm  8pm	Women's Bible Study @ St Peter's Hall  Holy Communion Community Café @ St Peter's Hall  FAB Club @ St Peter's Hall  Midweek groups meet
Fri 5 <sup>th</sup>	7.15-8am  Afternoon	Friday Prayer @ 163 CHL Church Gardening
Sat 6 <sup>th</sup>	PCC Day Away	
Sun 7 <sup>th</sup>	9.30am 11am 12.30pm	Holy Communion Morning Service Church Family BBQ



# First Tuesday Prayer

St Peter's



## First Tuesday Prayer

Come and join us this Tuesday, the 2<sup>nd</sup> June  
7.15 for supper then **Prayer** from 8-9pm at  
163 Colney Hatch Lane.

## Church Family BBQ Sunday 7<sup>th</sup> June

We are having a church  
family BBQ after the 11am  
service on Sunday 7<sup>th</sup> June.  
Please sign up on the sheet at the back of  
church.



**Gardening** – If you are  
free on **Friday afternoon, 5<sup>th</sup>  
June**, do come and spend an  
hour or so tidying up the  
church garden for the summer



## Looking ahead

Sun 7<sup>th</sup> June – Church Family BBQ Lunch  
Sun 12<sup>th</sup> July – Church Family Picnic

## Co-Mission Revive W/E Away

Main booking has closed but Adult Day  
Visitors can book till 12th June. Speak to  
Wendy/Philip if you have any questions.



26th-28th June at the University of Kent, Canterbury  
Book your place today!

## Results of our Annual Meetings

The following were elected to serve as  
**Churchwardens:**

Linda DOYLE  
Andrew MARSH (Lay Vice Chair)

**Members of the Deanery Synod:**

Linda DOYLE  
Andrew MARSH

**Members of the Parochial Church Council:**

Andrew CUSDIN (Joint Treasurer)  
Keith EDMUNDS (PCC Secretary)

Esosa EMWIONKPA  
Itohan EMWIONKPA  
Ruth GUTHRIE  
Rebecca STEWART  
Simon UPCOTT  
Michael WRIGHT (Joint Treasurer)

Please do be praying for them as they  
undertake their responsibilities and for the  
PCC Away Day on Sat 6<sup>th</sup> June