

## **Holy Communion**

**9.30am – 8<sup>th</sup> March 2026**

**Third Sunday of Lent**

Immortal, invisible, God only wise, <sup>474</sup>  
in light inaccessible hid from our eyes,  
most blessèd, most glorious,  
the Ancient of Days,  
almighty, victorious,  
thy great name we praise.

Unresting, unchanging, and silent as light,  
nor wanting, nor wasting,  
thou rulest in might;  
thy justice like mountains  
high soaring above  
thy clouds which are fountains  
of goodness and love.

To all life thou givest,  
to both great and small;  
in all life thou livest, the true life of all;  
we blossom and flourish  
as leaves on the tree,  
and wither and perish;  
but naught changeth thee.

Great Father of glory, pure Father of light,  
thine angels adore thee,  
all veiling their sight;  
all laud we would render: O help us to see  
'tis only the splendour of light hideth thee.

W Chalmers Smith

## **Gathering and Greeting**

In the name of the Father, and of  
the Son and of the Holy Spirit.

All: Amen.

The Lord be with you.

All: And also with you

**Welcome** – Revd Philip Sudell

## **Prayers of Penitence**

Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit into the wilderness, where for forty days he was tempted by the devil. Let us confess our sins remembering before God the times when we have fallen from temptation into sin.

### **Confession**

Most merciful God, Father of our Lord Jesus Christ, we confess that we have sinned in thought, word and deed. We have not loved you with our whole heart. We have not loved our neighbours as ourselves. In your mercy forgive what we have been, help us to amend what we are, and direct what we shall be; that we may do justly, love mercy, and walk humbly with you, our God. Amen.

We sing the

### **Kyrie**

Lord, have mercy. Lord, have mercy.  
Christ, have mercy. Christ, have mercy.  
Lord, have mercy. Lord, have mercy.

### **Assurance of forgiveness**

Almighty God, who forgives all who truly repent, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord. Amen.

### **The Collect**

Almighty God, whose most dear Son went not up to joy but first he suffered pain, and entered not into glory before he was crucified: mercifully grant that we, walking in the way of the cross, may find it none other than the way of life and peace; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

All: Amen.

# The Liturgy of the Word

## Old Testament Reading

Exodus 17:1-7

The whole Israelite community set out from the Desert of Sin, travelling from place to place as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. <sup>2</sup> So they quarrelled with Moses and said, 'Give us water to drink.' Moses replied, 'Why do you quarrel with me? Why do you put the Lord to the test?' <sup>3</sup> But the people were thirsty for water there, and they grumbled against Moses. They said, 'Why did you bring us up out of Egypt to make us and our children and livestock die of thirst?' <sup>4</sup> Then Moses cried out to the Lord, 'What am I to do with these people? They are almost ready to stone me.' <sup>5</sup> The Lord answered Moses, 'Go out in front of the people. Take with you some of the elders of Israel and take in your hand the staff with which you struck the Nile, and go. <sup>6</sup> I will stand there before you by the rock at Horeb. Strike the rock, and water will come out of it for the people to drink.' So Moses did this in the sight of the elders of Israel. <sup>7</sup> And he called the place Massah and Meribah because the Israelites quarrelled and because they tested the Lord saying, 'Is the Lord among us or not?'

Reader: This is the word of the Lord.

All: Thanks be to God.

## Psalm

Psalm 95

**O come let us worship and bow down and kneel before our maker.**

<sup>1</sup>O come, let us sing to the Lord; • let us heartily rejoice in the rock of our salvation.

<sup>2</sup>Let us come into his presence with thanksgiving • and be glad in him with psalms.

**O come let us worship and bow down and kneel before our maker.**

<sup>3</sup>For the Lord is a great God • and a great king above all gods. <sup>4</sup>In his hand are the depths of the earth • and the heights of the mountains are his also. <sup>5</sup>The sea is his, for he made it, • and his hands have moulded the dry land.

**O come let us worship and bow down and kneel before our maker.**

<sup>6</sup>Come, let us worship and bow down • and kneel before the Lord our Maker. <sup>7</sup>For he is our God; • we are the people of his pasture and the sheep of his hand.

**O come let us worship and bow down and kneel before our maker.**

<sup>8</sup>O that today you would listen to his voice: • 'Harden not your hearts as at Meribah, on that day at Massah in the wilderness, <sup>9</sup>'When your forebears tested me, and put me to the proof, • though they had seen my works.

**O come let us worship and bow down and kneel before our maker.**

<sup>10</sup>'Forty years long I detested that generation and said, • "This people are wayward in their hearts; they do not know my ways." <sup>11</sup>'So I swore in my wrath, • "They shall not enter into my rest." '

**O come let us worship and bow down and kneel before our maker.**

## New Testament Reading

Hebrews 2:5-18

<sup>5</sup> It is not to angels that he has subjected the world to come, about which we are speaking. <sup>6</sup> But there is a place where someone has testified: 'What is mankind that you are mindful of them, a son of man that you care for him?' <sup>7</sup> You made them a little lower than the angels; you crowned them with glory and honour <sup>8</sup>and put everything under their feet.' In putting everything under them, God left nothing that is not subject to them. Yet at present we do not see everything subject to them. <sup>9</sup> But we do see Jesus, who was

made lower than the angels for a little while, now crowned with glory and honour because he suffered death, so that by the grace of God he might taste death for everyone. <sup>10</sup>In bringing many sons and daughters to glory, it was fitting that God, for whom and through whom everything exists, should make the pioneer of their salvation perfect through what he suffered. <sup>11</sup>Both the one who makes people holy and those who are made holy are of the same family. So Jesus is not ashamed to call them brothers and sisters. <sup>12</sup>He says, 'I will declare your name to my brothers and sisters; in the assembly I will sing your praises.' <sup>13</sup>And again, 'I will put my trust in him.' And again he says, 'Here am I, and the children God has given me.' <sup>14</sup>Since the children have flesh and blood, he too shared in their humanity so that by his death he might break the power of him who holds the power of death – that is, the devil – <sup>15</sup>and free those who all their lives were held in slavery by their fear of death. <sup>16</sup>For surely it is not angels he helps, but Abraham's descendants. <sup>17</sup>For this reason he had to be made like them, fully human in every way, in order that he might become a merciful and faithful high priest in service to God, and that he might make atonement for the sins of the people. <sup>18</sup>Because he himself suffered when he was tempted, he is able to help those who are being tempted.

Reader: This is the word of the Lord.

All: **Thanks be to God.**

## **Gospel**

The Lord be with you.

All: **And also with you.**

Hear the Gospel of our Lord Jesus Christ according to John.

All: **Glory to you, O Lord.**

## **John 4:5-42**

<sup>5</sup> So he came to a town in Samaria called Sychar, near the plot of ground Jacob had given to his son Joseph. <sup>6</sup> Jacob's well was there, and Jesus, tired as he was from the journey, sat down by the well. It was about noon. <sup>7</sup> When a Samaritan woman came to draw water, Jesus said to her, 'Will you give me a drink?' <sup>8</sup> (His disciples had gone into the town to buy food.) <sup>9</sup> The Samaritan woman said to him, 'You are a Jew and I am a Samaritan woman. How can you ask me for a drink?' (For Jews do not associate with Samaritans.) <sup>10</sup> Jesus answered her, 'If you knew the gift of God and who it is that asks you for a drink, you would have asked him and he would have given you living water.' <sup>11</sup> 'Sir,' the woman said, 'you have nothing to draw with and the well is deep. Where can you get this living water?' <sup>12</sup> Are you greater than our father Jacob, who gave us the well and drank from it himself, as did also his sons and his livestock?'

<sup>13</sup> Jesus answered, 'Everyone who drinks this water will be thirsty again, <sup>14</sup> but whoever drinks the water I give them will never thirst. Indeed, the water I give them will become in them a spring of water welling up to eternal life.' <sup>15</sup> The woman said to him, 'Sir, give me this water so that I won't get thirsty and have to keep coming here to draw water.' <sup>16</sup> He told her, 'Go, call your husband and come back.' <sup>17</sup> 'I have no husband,' she replied. Jesus said to her, 'You are right when you say you have no husband. <sup>18</sup> The fact is, you have had five husbands, and the man you now have is not your husband. What you have just said is quite true.' <sup>19</sup> 'Sir,' the woman said, 'I can see that you are a prophet. <sup>20</sup> Our ancestors worshipped on this mountain, but you Jews claim that the place where we must worship is in Jerusalem.' <sup>21</sup> 'Woman,' Jesus replied, 'believe me, a time is coming when you will worship the Father neither on this mountain nor in Jerusalem. <sup>22</sup> You Samaritans worship what you do not know; we worship what we do know, for salvation is from the Jews. <sup>23</sup> Yet a time is coming and has now come when the true worshippers will worship

the Father in the Spirit and in truth, for they are the kind of worshippers the Father seeks.<sup>24</sup> God is spirit, and his worshippers must worship in the Spirit and in truth.'

<sup>25</sup>The woman said, 'I know that Messiah' (called Christ) 'is coming. When he comes, he will explain everything to us.'<sup>26</sup> Then Jesus declared, 'I, the one speaking to you – I am he.'<sup>27</sup> Just then his disciples returned and were surprised to find him talking with a woman. But no one asked, 'What do you want?' or 'Why are you talking with her?'<sup>28</sup> Then, leaving her water jar, the woman went back to the town and said to the people,<sup>29</sup> 'Come, see a man who told me everything I've ever done. Could this be the Messiah?'<sup>30</sup> They came out of the town and made their way towards him.<sup>31</sup> Meanwhile his disciples urged him, 'Rabbi, eat something.'<sup>32</sup> But he said to them, 'I have food to eat that you know nothing about.'<sup>33</sup> Then his disciples said to each other, 'Could someone have brought him food?'<sup>34</sup> 'My food,' said Jesus, 'is to do the will of him who sent me and to finish his work.'<sup>35</sup> Don't you have a saying, "It's still four months until harvest"? I tell you, open your eyes and look at the fields! They are ripe for harvest.<sup>36</sup> Even now the one who reaps draws a wage and harvests a crop for eternal life, so that the sower and the reaper may be glad together.<sup>37</sup> Thus the saying "One sows and another reaps" is true.<sup>38</sup> I sent you to reap what you have not worked for. Others have done the hard work, and you have reaped the benefits of their labour.'<sup>39</sup> Many of the Samaritans from that town believed in him because of the woman's testimony, 'He told me everything I've ever done.'<sup>40</sup> So when the Samaritans came to him, they urged him to stay with them, and he stayed two days.<sup>41</sup> And because of his words many more became believers.<sup>42</sup> They said to the woman, 'We no longer believe just because of what you said; now we have heard for ourselves, and we know that this man really is the Saviour of the world.'

This is the Gospel of the Lord.

All: Praise to you, O Christ.

**Sermon** – Revd Philip Sudell

*Jesus – Nobody does it better!*

*A better ministry*

## Profession of Faith

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God, eternally begotten of  
the Father, God from God, Light from Light,  
true God from true God,  
begotten, not made, of one Being with the  
Father; through him all things were made.  
For us and for our salvation he came down  
from heaven, was incarnate from the Holy  
Spirit and the Virgin Mary and was made  
man. For our sake he was crucified under  
Pontius Pilate; he suffered death and was  
buried. On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven and is seated at the  
right hand of the Father.  
He will come again in glory to judge the living  
and the dead, and his kingdom will have no  
end. We believe in the Holy Spirit, the Lord,  
the giver of life, who proceeds from the  
Father and the Son, who with the Father and  
the Son is worshipped and glorified, who has  
spoken through the prophets. We believe in  
one holy catholic and apostolic Church. We  
acknowledge one baptism for the forgiveness  
of sins. We look for the resurrection of the  
dead, and the life of the world to come.  
Amen.

## Prayers of Intercession

This response may be used:

Lord, in your mercy.

Hear our prayer.

And at the end: Merciful Father,  
Accept these prayers  
for the sake of your Son,  
our Saviour Jesus Christ. Amen.

# The Liturgy of the Sacrament

## The Peace

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, who has given us access to his grace. The peace of the Lord be with you.

All: **And also with you.**

The bread and wine are brought to the Lord's Table

**Father, hear the prayer we offer** 416

not for ease that prayer shall be,  
but for strength that we may ever  
live our lives courageously.

Not for ever in green pastures  
do we ask our way to be;  
but the steep and rugged pathway  
may we tread rejoicingly.

Not for ever by still waters  
would we idly rest and stay;  
but would smite the living fountains  
from the rocks along our way.

Be our strength in hours of weakness,  
in our wanderings be our guide;  
through endeavour, failure, danger,  
Father, be thou at our side.

Love Maria Willis | Ralph Vaughan Williams

## The Eucharistic Prayer

The Lord be with you.

All: **And also with you.**

Lift up your hearts.

All: **We lift them to the Lord.**

Let us give thanks  
to the Lord our God

All: **It is right to give  
thanks and praise.**

It is indeed right and good to give you thanks and praise, almighty God and everlasting Father, through Jesus Christ your Son. For in these forty days you lead us into the desert of repentance that

through a pilgrimage of prayer and discipline we may grow in grace and learn to be your people once again. Through fasting, prayer and acts of service you bring us back to your generous heart. Through study of your holy word you open our eyes to your presence in the world and free our hands to welcome others into the radiant splendour of your love. As we prepare to celebrate the Easter feast with joyful hearts and minds we bless you for your mercy and join with saints and angels for ever praising you and singing:

**Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is he who comes in the name of  
the Lord. Hosanna in the highest.**

Accept our praises, heavenly Father, through your Son our Saviour Jesus Christ, and as we follow his example and obey his command, grant that by the power of your Holy Spirit these gifts of bread and wine may be to us his body and his blood; who, in the same night that he was betrayed, took bread and gave you thanks; he broke it and gave it to his disciples, saying: Take, eat; this is my body which is given for you; do this in remembrance of me.

In the same way, after supper he took the cup and gave you thanks; he gave it to them, saying: Drink this, all of you; this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.

Therefore, heavenly Father, we remember his offering of himself made once for all upon the cross; we proclaim his mighty resurrection and glorious ascension; we look for the coming of your kingdom, and with this bread and this cup we make the memorial of Christ your Son our Lord. Jesus Christ is Lord.

All: Lord, by your cross and resurrection you have set us free. You are the Saviour of the World.

Accept through him, our great high priest, this our sacrifice of thanks and praise, and as we eat and drink these holy gifts in the presence of your divine majesty, renew us by your Spirit, inspire us with your love and unite us in the body of your Son, Jesus Christ our Lord.

Through him, and with him, and in him, in the unity of the Holy Spirit, with all who stand before you in earth and heaven, we worship you, Father almighty, in songs of everlasting praise:

All: Blessing and honour and glory and power be yours for ever and ever. Amen.

## **The Lord's Prayer**

Let us pray with confidence as our Saviour has taught us.

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever. Amen.

## **The Breaking of Bread**

We break this bread to share in the body of Christ.

All: Though we are many, we are one body, because we all share in one bread.

## **Agnus Dei**

Lamb of God, you take away the sin of the world, have mercy on us.

Lamb of God, you take away the sin of the world, have mercy on us.

Lamb of God, you take away the sin of the world, grant us peace.

## **The Prayer of Humble Access**

We do not presume to come to this your table, merciful Lord, trusting in our own righteousness, but in your manifold and great mercies. We are not worthy so much as to gather up the crumbs under your table. But you are the same Lord whose nature is always to have mercy.

Grant us therefore, gracious Lord, so to eat the flesh of your dear Son Jesus Christ and to drink his blood, that our sinful bodies may be made clean by his body and our souls washed through his most precious blood, and that we may evermore dwell in him, and he in us. Amen.

## **The Giving of Communion**

Draw near with faith. Receive the body of our Lord Jesus Christ which he gave for you, and his blood which he shed for you. Eat and drink in remembrance that he died for you, and feed on him in your hearts by faith with thanksgiving.

## **Prayer after Communion**

Almighty God, we thank you for feeding us with the body and blood of your Son Jesus Christ. Through him we offer you our souls and bodies to be a living sacrifice. Send us out in the power of your Spirit to live and work to your praise and glory. Amen.

## **Church family news**

**Take my life, and let it be** 581

consecrated, Lord, to thee;  
take my moments and my days,  
let them flow in ceaseless praise.

Take my voice, and let me sing  
always, only, for my King;  
take my lips, and let them be  
filled with messages from thee.

Take my silver and my gold;  
not a mite would I withhold;  
take my intellect, and use  
every power as thou shalt choose.

Take my will, and make it thine:  
it shall be no longer mine;  
take my heart: it is thine own;  
it shall be thy royal throne.

Take my love; my Lord, I pour  
at thy feet its treasure-store;  
take myself, and I will be  
ever, only, all for thee.

Frances Ridley Havergal

CCLI: 777478

Common Worship: Services and Prayers for the Church of England  
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## **Blessing**

Christ give you grace to grow in holiness,  
to deny yourselves, take up your cross, and  
follow him; and the blessing of God  
almighty, the Father, the Son, and the Holy  
Spirit, be among you and remain with you  
always.

All: **Amen**

## **Dismissal**

Go in the peace of Christ.

All: **Thanks be to God.**

## **Readings for next Sunday**

15<sup>th</sup> March – Mothering Sunday

1 Samuel 1:20-28

Psalm 34:11-20

Hebrews 3:1-19

John 19:25-27

## The week ahead

|                        |  |   |
|------------------------|--|---|
| Sun 8 <sup>th</sup>    | 9.30am<br>11am<br>After services         | Holy Communion<br>Morning Service<br>Discipleship Trg Lunch   |
| Mon 9 <sup>th</sup>    | 8pm                                      | PCC Meeting<br>@ 163 CHL  |
| Tues 10 <sup>th</sup>  | 9:45-11am<br><br>8pm                     | Chat & Play for pre-schoolers<br>and their parents/minders<br>@ St Peter's Hall<br><br>Midweek Groups                 |
| Wed 11 <sup>th</sup>   |  |   |
| Thurs 12 <sup>th</sup> | 10-11.30am<br><br>12-3pm<br><br>3.45-5pm | Women's Bible Study<br>@ St Peter's Hall<br><br>Community Café<br>@ St Peter's Hall<br><br>FAB Club @ St Peter's Hall |
| Fri 13 <sup>th</sup>   | 7.15 for 7.30-8<br>6pm                   | Friday Prayer<br>Bible in a Year Discussion   |
| Sat 14 <sup>th</sup>   | 10am                                     | Women's Brunch<br>@ Mossy Well  |
| Sun 15 <sup>th</sup>   | 9.30am<br>11am                           | Mothering Sunday<br>Holy Communion<br>Morning Service   |

## Spring Dates

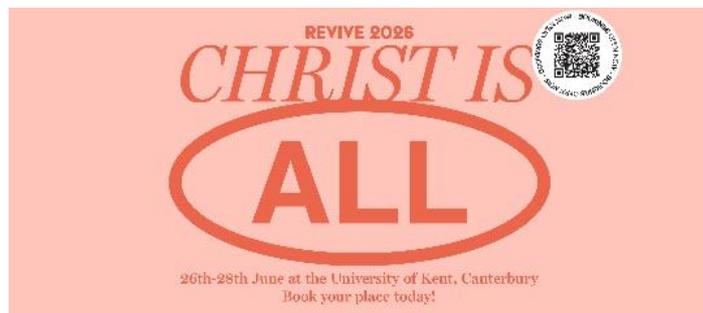
Sun 8<sup>th</sup> Mar - Discipleship Training Lunch  
 Mon 9<sup>th</sup> Mar - PCC Meeting  
 Sat 14<sup>th</sup> Mar - Women's Brunch  
 Sun 15<sup>th</sup> Mar - Mothering Sunday  
 Wed 18<sup>th</sup> Mar - Discipleship Training Repeat  
 Fri 27<sup>th</sup> Mar - Christians in Sports Quiz  
 Sun 29<sup>th</sup> Mar - Palm Sunday  
 Thu 2<sup>nd</sup> April - Maundy Thursday Supper  
 Fri 3<sup>rd</sup> April - Good Friday  
 Sun 5<sup>th</sup> April - Easter Sunday  
 Sat 11<sup>th</sup> April - Women's Brunch  
 Sun 12<sup>th</sup> April - Discipleship Training Lunch  
 Wed 15<sup>th</sup> April - Discipleship Training Repeat  
 Sun 19<sup>th</sup> April - Church Family Lunch  
 Sat 25<sup>th</sup> April - Men's Breakfast  
 Mon 27<sup>th</sup> April - PCC Meeting

## Easter experience

17<sup>th</sup>/18<sup>th</sup> Mar - Please let Sam know if you can help with setting up on Sun 15<sup>th</sup> March, or participating in the Easter experience as character from the Bible!

## Co-Mission Revive W/E Away

26<sup>th</sup> - 28<sup>th</sup> June - Booking still open.



## Discipleship Training

Sun 8<sup>th</sup>/Wed 18<sup>th</sup> Mar - "Answering Common objections to faith"

## Sports Quiz - Fri 27<sup>th</sup> Mar

**THE SPORTS QUIZ**   
**St Peter's Church, N10 1AQ**  
**Friday 27<sup>th</sup> March, 7pm**  
**A six round sports quiz, meal and talk about the Christian faith.**  
**Contact Phillip for more information.**



New Sermon Series. Looking at how Jesus fulfils all the promise of the Old Testament.